

CERTIFICATE OF PARTICIPATION

This is to certify that

Jacques Vlaming

Has successfully participated & completed the

20km Konka Farm Run

held at Konka.

TIME 02:41:44

PACE 08:04/km

GENDER 110 of 119

OVERALL 156 of 181

60 - 69 11 of 12

31 August 2019, Sat

Date



BoutTime

Signature

